



Erik

- Snipe
- 3 tours to Iraq
- Best friend shot and killed
- · Almost died in mortar attack
- No longer able to function due to inability to sleep, hypervigilance, exaggerated startle response, flashbacks, suicidal ideation
- Multiple denials access to Behavioral Health Clinic on
- Self medication with marihuana
- Desperation leads to BCD

Types of Military Discharges

- Administrative
- Punitive
- Officer Discharge
- O Entry Level Separation



Administrative Discharges

- O Honorable Discharge: Eligible for all benefits.
- General (Under Honorably Conditions) Discharge: Eligible for most benefits.
- Other Than Honorable Conditions Discharge: Ineligible for many benefits.

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Punitive Discharge

Bad Conduct Discharge: Ineligible for vast majority of benefits

Dishonorable Discharge: Virtually all benefits are forfeited.

Other Discharges

- Officer Discharge: Commissioned officers cannot receive bad conduct discharges or a dishonorable discharge, nor can they be reduced in rank by a court-martial. If an officer is discharged by a general court-martial, they receive a Dismissal notice which is the same as a dishonorable discharge: Virtually all benefits are forfeited.
- O Entry Level Separation (ELS): If an individual leaves the military before completing at least 180 days of service, they receive an entry level separation status. This type of military discharge can happen for a variety of reasons (medical, administrative, etc.) and is neither good or bad, though in many cases, service of less than 180 may prevent some people from being classified as a veteran for state and federal military benefits.

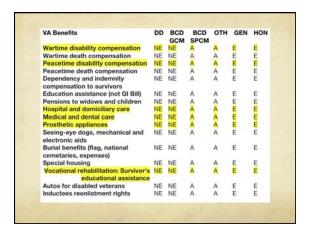


VA Medical

Care

E: Eligible NE: Not eligible

A: Eligible only if the administering agency determines that, for its purposes, the discharge was not under dishonorable conditions.





OTH and BCD SPCM

Veterans with Other Than Honorable

Veterans with Bad Conduct Discharge under Special Court Martial

 may be considered eligible for VA Medical Care, if they can show

They served honorably until their service connected condition made it impossible for them to do so.

What is the Problem?

- About 2 million service members were deployed in the latest wars.
- The VA estimates that 20% suffers from a service connected mental health problem such as PTSD and Depression (total 400,000).
- While the VAMC's are doing what they can to respond, it is overwhelmed with influx of veterans.
- Many (estimated 20,000) veterans receive discharges that make them ineligible, or need an administrative decision to receive VA Health Care.
- Most non-VA programs require Honorable Discharges.
- It is unknown how many of these ineligible veterans have a discharge that resulted from misconduct caused by their service connected mental health problem.

RAND Report

- "If PTSD and depression go untreated or are under treated, there is a cascading set of consequences," Jaycox said. "Drug use, suicide, marital problems and unemployment are some of the consequences. There will be a bigger societal impact if these service members go untreated. The consequences are not good for the individuals or society in general."
- Service members report many reasons for not seeking treatment. Many are worried about the side effects of medication or believe that family and friends can provide more help than a mental health professional. Even more reported that they worried seeking care might damage their career or cause their peers to lose confidence in their abilities.





Simon

- 3 deployments to Iraq and Afghanistan
- Driver for CO
- Ordered to drive for the CO's personal errands at times
- Car hit by IED, battle buddy killed
- Denied access to mental health
- Makes suicidal gesture in CO's office
- Accused of attempted assault
- Received Dishonorable Discharge



- Two deployments to Iraq and Afghanistan
- Two deployments to Iraq and Afghanistan
 Sexually assaulted by fellow soldier
 No longer functioning due to depression, inability to show up for work due to sleep depravation, anxiety attacks on base
 Tried to report assault but not provided with support
 Goes AWOL to get help
 Receives Dishonorable Discharge



Jerry

- Drafted and deployed to Vietnam
 More than half of his unit died in Vietnam
 Artacked a buddy due to
 hypervigilance and exaggerated startle response
 Was arrested and convicted for assault
 Received Dishonorable Discharge



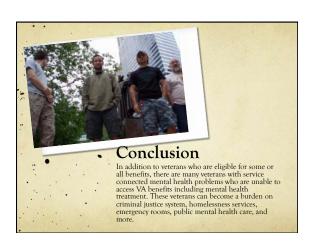
Options

- Attempt to receive administrative decision from VAMC that veteran served honorably until service connected mental health problem made it impossible for them to do so.
- Attempt to upgrade the discharge: An individual must prove to the appropriate Discharge Review Board that his or her discharge reason or characterization was "inequitable" or "improper."

Barriers for Ineligible Veterans Veterans with service connected (mental) health problems do not have access to VA (mental) health care. Mainstream (mental) health care is not necessarily well prepared for treating the veteran population. Veterans have difficulty to obtain health insurance through employment. An OTH discharge as well as untreated service connected (mental) health problems, make it difficult to obtain employment. Veterans report heigh guable to take action. Their mental health problems make it very difficult to attempt to get administrative approvals and/or discharge upgrades. Follow through is low. Many are homeless or move frequently because they have difficulty holding jobs. They miss deadlines because letters are not received. Mental health providers don't know where they are. The Va does not consider them veterans and nobody seems to keep track of them. Clack of treatment can lead to self medication, criminal activity, unemployment, homelessness, marital problems, and more.

Changes Needed

- Military needs to become more aware of the reasons behind misconduct (i.e. is the service member needing mental health services).
- Military needs to remove barriers to treatment (culture change).
- VA needs to simplify the process to assess eligibility for veterans with OTH discharges.
- Veteran Service Officers need to be better trained to facilitate discharge upgrades and character of service applications.
- The process for upgrading a discharge needs to be simplified.



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Presenter Disclosures

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(1) The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

No Relationships to Disclose